

# Occupational Therapy in Republic of Korea

Under COVID-19 Situation

2021.09.09



# Presenter



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Ji, Seokyeon, KOT.

President of KAOT Seoul  
Metropolitan branch

CO-CEO of SISO center

OT for/with people with  
developmental issues

# Contents

**I**ntroduction & **S**tatistics

**O**T under **COVID-19** situations



1969

## The 1st Occupational Therapy License



Semicentennial and New Semicentennial

2019



\* 1st OT Education (US

\* OT described in Act of Medical Service Technologists, ETC.

\* 1st OT license

\* 1st OT school.

\* +3 OT schools.

\* WFOT full membership



1

138

416

1st President  
(Kim, Soonja)

2nd President  
(Kim, Kyeongmi)

3rd President  
(Lee, Taekyeong)

3rd President  
(Lee, Taekyeong)

4th President  
(Lee, Mija)

5th President  
(Lee, Hanseok)

6th President  
(Chang, Ki-yeon)

7th President  
(Cheong, Minye)

2013

2014

2015

2016

2019

2020

\* KAOT Seoul office

\* License Renewal System (by MHW)

\* Revised Article: **Scope of OT** (Physical + **Mental Health**)

\* Standard terminology for Medical-based OT

\* WFOT EM Team meeting

\* **50th Anniversary of KOT**

New Semi-Centennial  
& COVID-19



\* **Revised Mental Health and Welfare Act**  
(Included OT as MH Specialist)

Legislation  
Policy



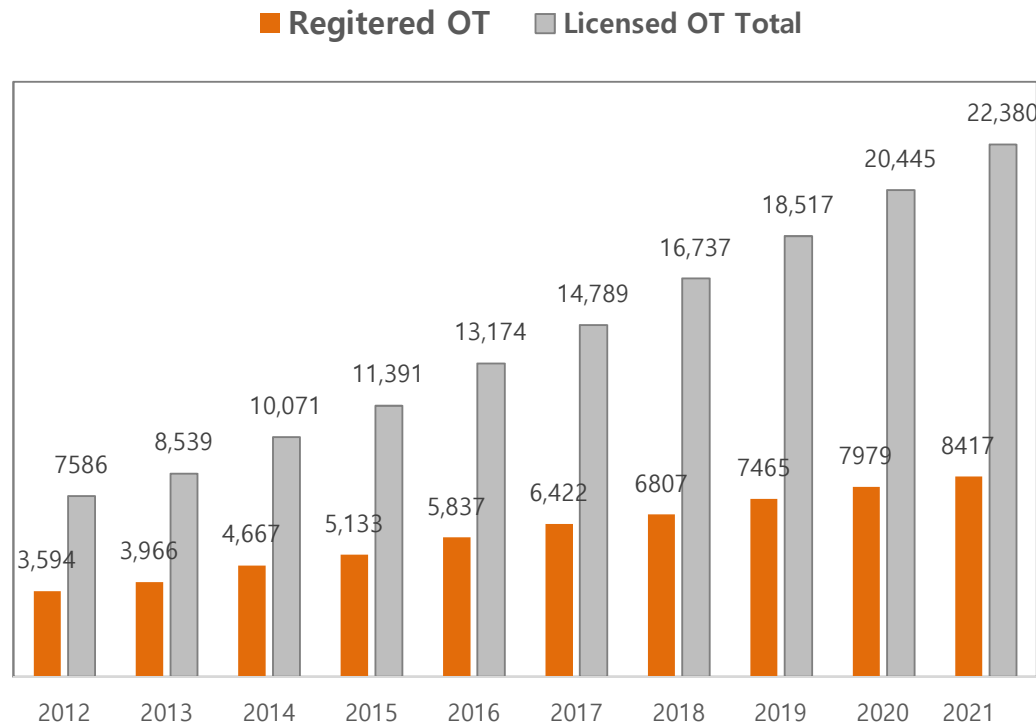
10~12<sup>th</sup> President  
(Jeon, Byeong-jin)

친애하는  
대한작업치료사협회  
회원 여러분  
안녕하십니까?

(사)대한작업치료사협회 회장  
전보경원



## Numbers of OT



### Licensed Rate

- Stable
- Predictable

### Renewal Registration

- Every 3 years after Licensed OT\*
- Completion CE (8credits per year)
- KAOT: CE provider

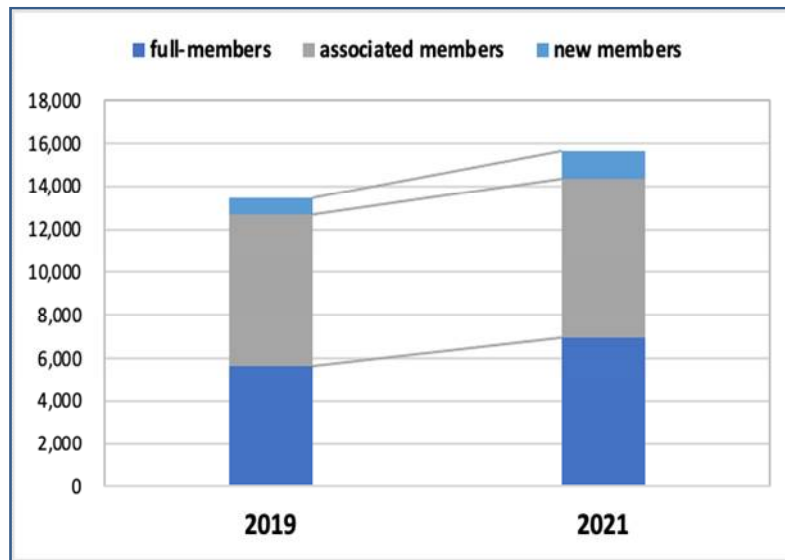


\*Korea Health Personnel Licensing Examination Institute, Ministry of Health & Welfare

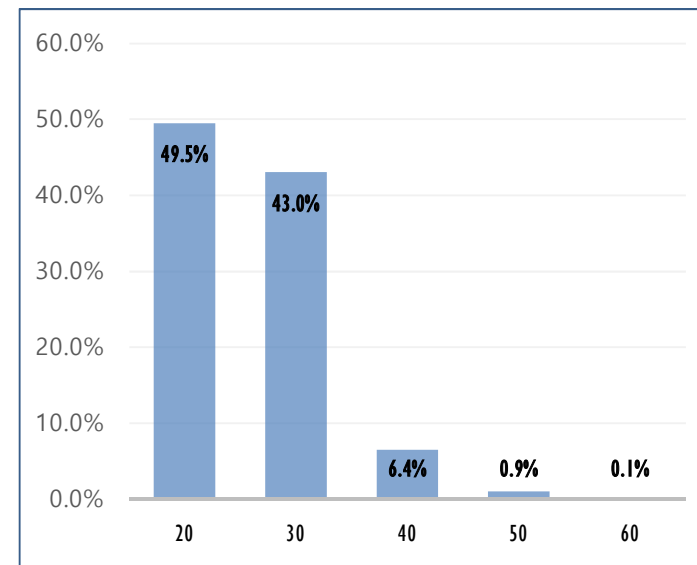
# KAOT members

## KAOT membership

(total=15,654 / Full-member=6511(41.6%))



## KAOT members' age distribution%



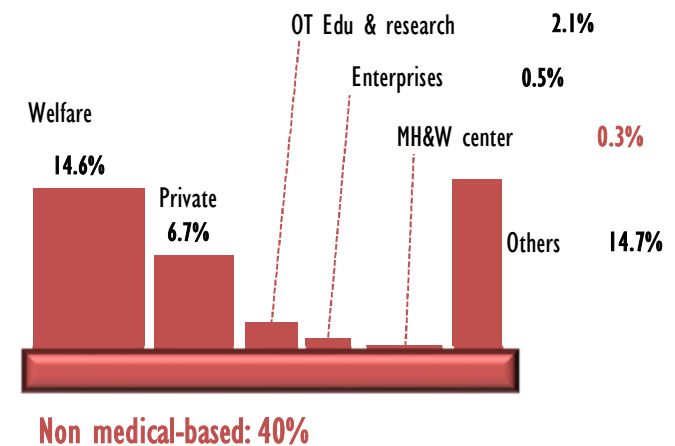
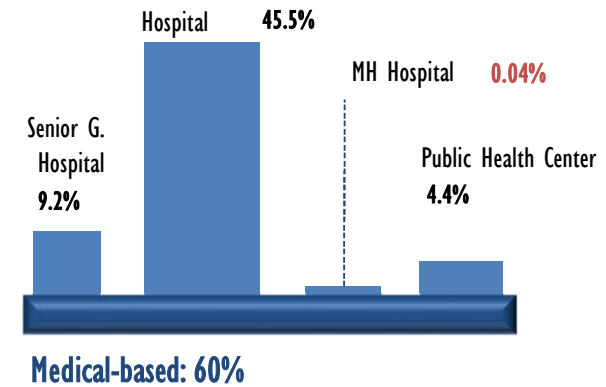
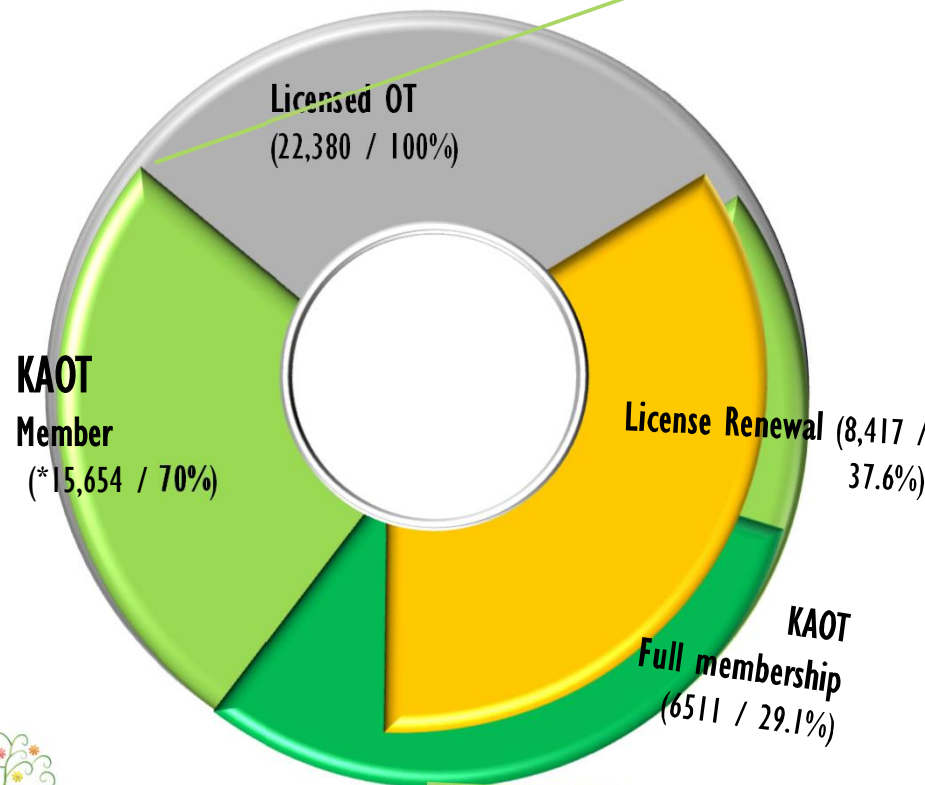
Female : Male = 8 : 2

\*Korea Association of Occupational Therapists



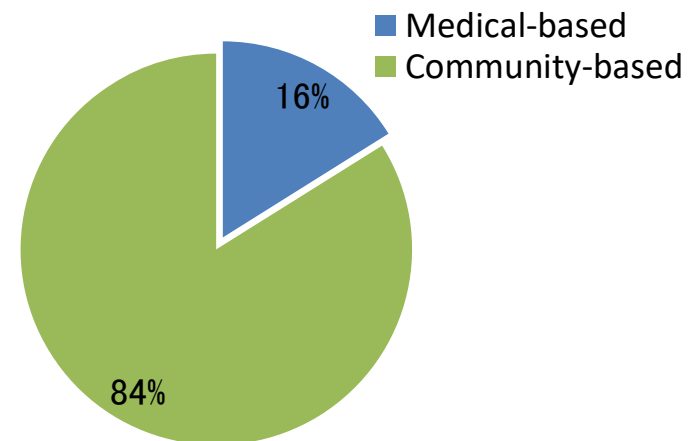
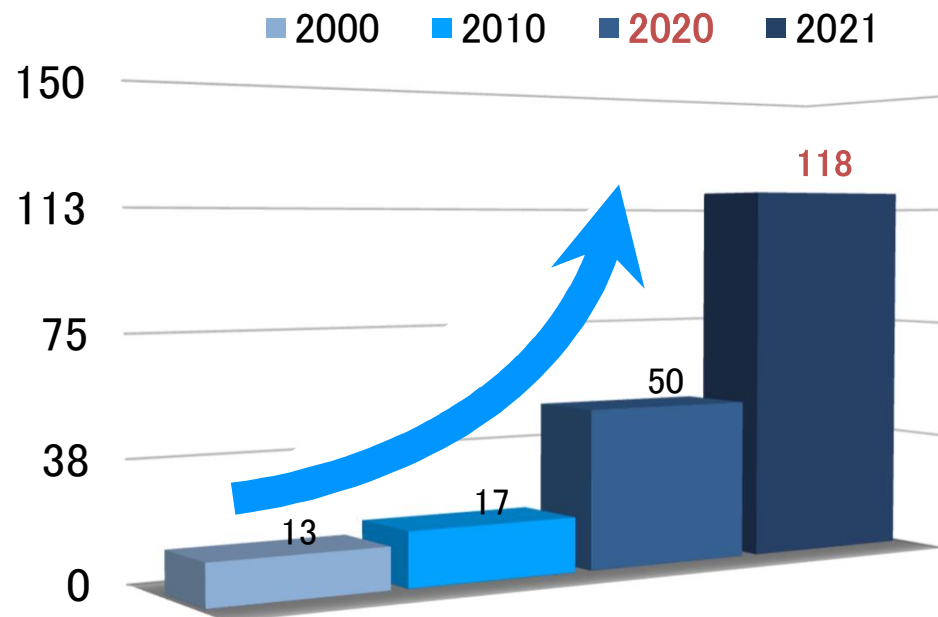


## Status of KOT workplaces



\*Korea Association of Occupational Therapists

## KOT numbers in Mental Health



- Increasing recruitment of OT in the community-based mental health & welfare centers.







\*Not included OT working for Geriatric, Child & Adolescent with Mental disorders



Korea Academy of Mental Health in Occupational Therapy

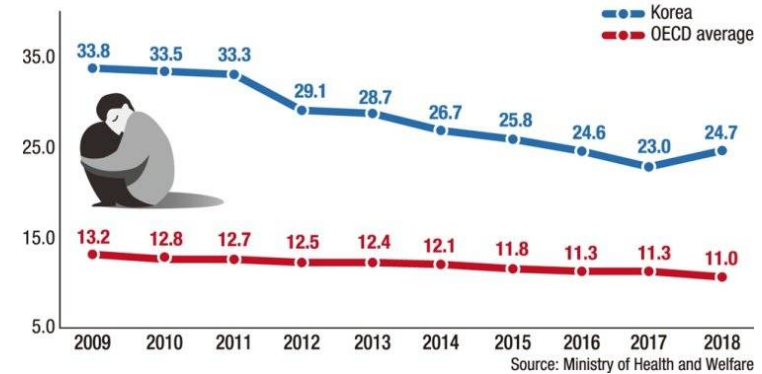
## Mental Health Occupational Therapists: Legislation

- 1995  Mental Healthcare Act
- 1997  MH specialist:  
Nurse, Social Worker,  
Clinical Psychologist
- 2017  Mental Healthcare & Welfare Support Act
- 2020.3.6  Passed Revised MH&W Act:  
**OT included as MH specialist**



### Suicide mortality rate

(Unit: No. of suicides per 100,000 people)



In favor	165 (97.63%)
Against	0
Abstention	4 (2.37%)

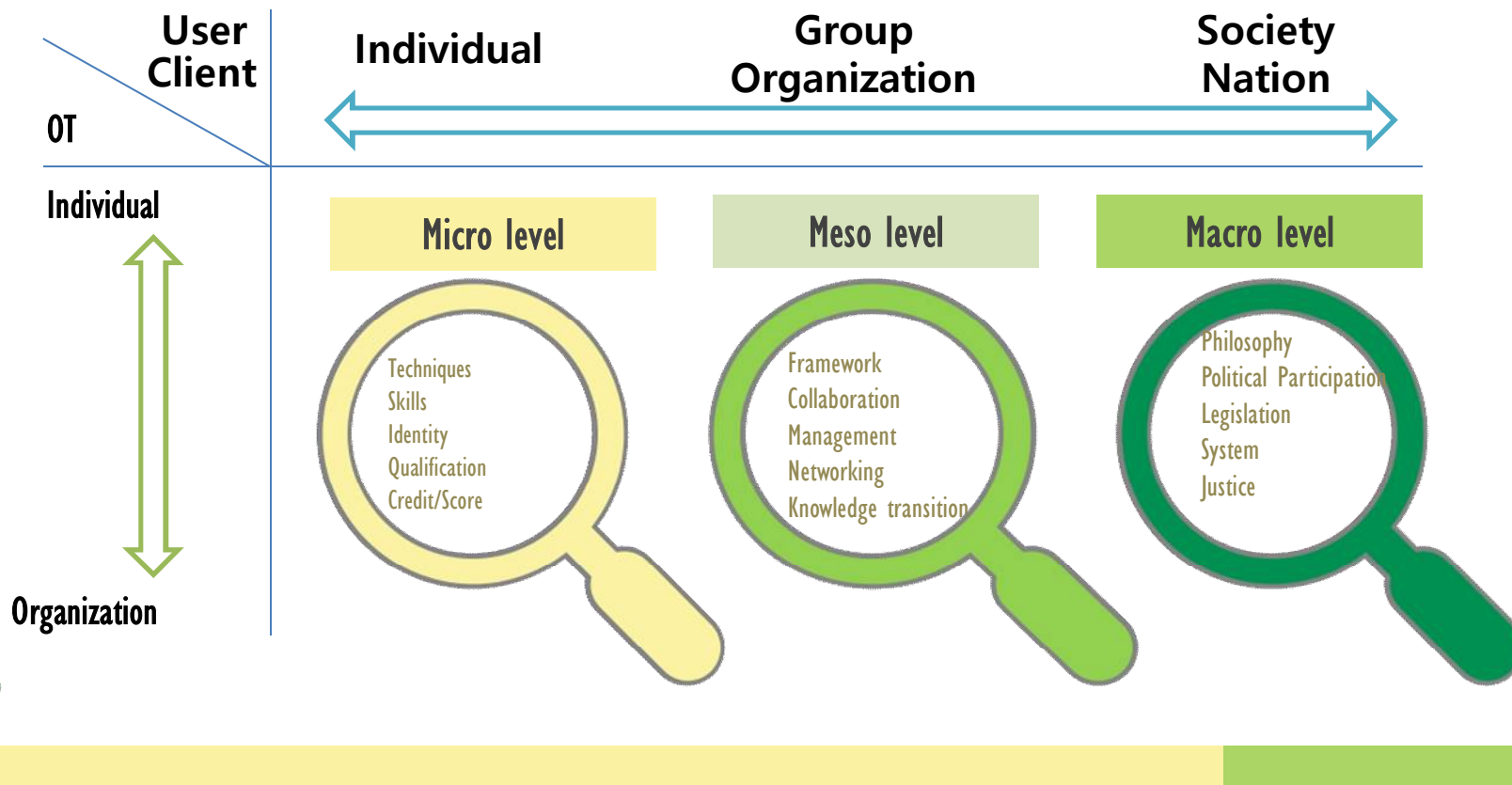
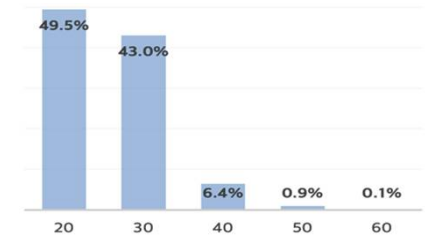
## Healthcare systems & OT qualification

	Areas	Policy	Regulation	OT License
Medical-based	Physical Rehabilitation	O	O	Required
	Mental health	O (2020)	under preparation	(2020)
	ENT, Pediatrics, Gynecology, Orthopedics, etc.	..	..	..
Community-based	Elderly	Community Care Deinstitutionalization	Increasing	Included
	People with disabilities+		Pilot projects (home-based rehab) for insurance	..
School-based	Diverse students+	O (?)	Regular, irregular intervention, consultation	.. (Differed by district)

+ Private workplace (for children)

+ Acquisition of additional certification/qualification (social worker, community rehab-worker, etc.)

## Issue: Developing Quality of OT





KAOT Central

## Affiliated Organizations



Busan-Unsan-Gyeongnam



Daejeon-Sejong-Chungcheong



Daegu-Gyeongbuk



Gangwon



Gwangju-Jeonnam



Incheon-Gyeonggi



Jeju



Jeonbuk



Seoul



**KSOT**

The Korean Society of Occupational Therapists





**The Korean Accreditation Board of  
Occupational Therapy Education**



**Korea Occupational Therapy  
Students Congress**

17 Academic Organizations

## Affiliated Academic Organizations

 Occupational Therapists  
 + Rehabilitation physicians



고령자 재활작업치료학회  
Elderly



대한연하재활학회  
Dysphagia



대한지역사회작업치료학회  
Community-based



대한신경계작업치료학회  
Neuro



대한보조공학기술학회  
Assistive Tech.



한국정신보건작업치료학회  
Mental health



한국운전재활학회  
Driving Rehab



워크어빌리티학회  
Work / Vocation



대한아동·학교작업치료학회  
Child & School



대한인지재활학회  
Cognitive Rehabilitation



한국노인작업치료학회  
Elderly



한국작업과학회  
Occupational Science



대한감각통합치료학회  
Sensory integration




한국수부치료학회  
Hand



대한연하장애학회  
Dysphagia



대한뇌신경재활학회  
Dysphagia



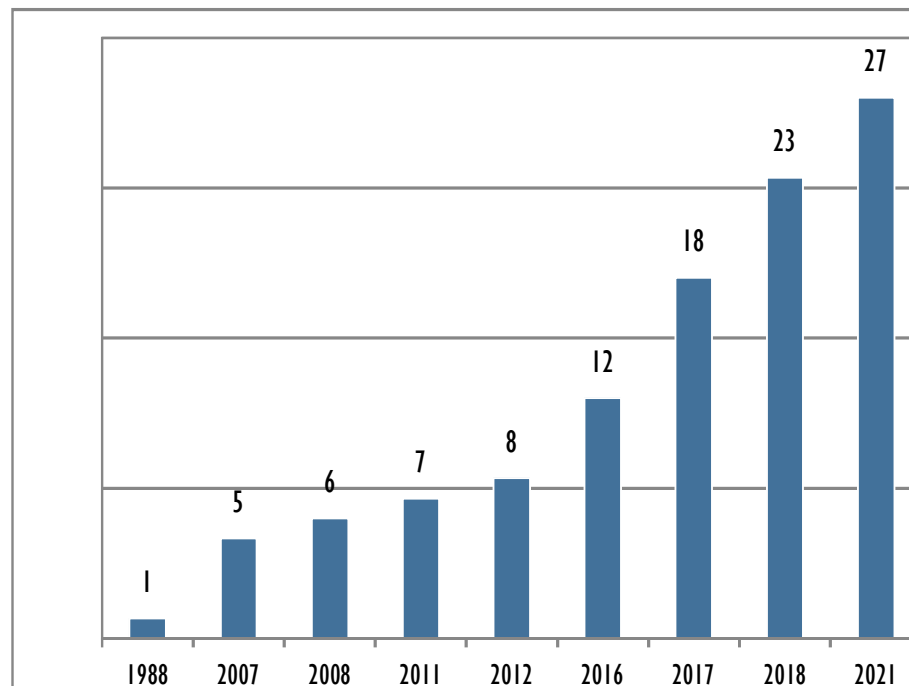
대한소아재활·발달의학회  
Pediatrics

# OT Education



The Korean Accreditation Board of Occupational Therapy Education

WFOT Approved Education Programs in Korea



	Undergraduate programs		Post graduate programs
	3years	4years	
Total	30	32	23
WFOT AEP	8 (26.7%)	19 (59.4%)	





# Korea Occupational Therapy Student Congress

*OT students Arena (1994) → OT students' Association*

- Volunteer
- Seminar



## 제25회 한국작업치료학생연합회 여름세미나

2018. 06. 28 ~ 30.

### "Make Friends, Make a Dream"

장소	순천향대학교 인문사회과학대 대강당
일정	<ul style="list-style-type: none"> <li>개회식</li> <li>대한작업치료사협회 축하</li> <li>학교별 소개</li> <li>레크레이션(학교별 대항전)</li> </ul>
	<p>06. 28(목).</p> <ul style="list-style-type: none"> <li>중앙치매센터 - "치매란 무엇인가?"</li> <li>대한연하재활학회 - "연하재활, 그것이 궁금하다!"</li> <li>이성재 목사님 (한울교회) - "일상에서 쓰는 평화의 언어, 비폭력 대화"</li> <li>교류 프로그램 - "넌 어느 학교에서 왔니?"</li> </ul>
	<p>06. 29(금)</p> <ul style="list-style-type: none"> <li>"작업치료와 대학생활"</li> <li>폐회식</li> </ul>
<p>06. 30(토)</p>	

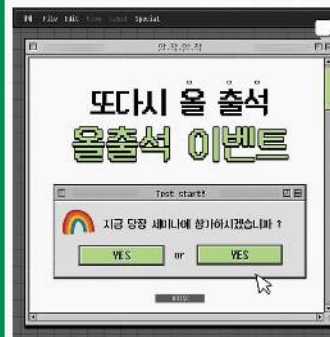
•한국작업치료학생연합회 세미나 수료증 수여



- Exchange
- Enhancing leadership
- Seminar
- Volunteer activities exhibition
- Promoting OT



## Volunteer camp



한자원 여름세미나

# 여름 세미나

## 기억에 남는 문구 이벤트

이벤트 기간  
2021. 07. 10 (토) 7:30 PM.  
~ 2021. 07. 12 (월) 11:59 PM.

한자원



**SNS 인증 이벤트**

**알작알작 세미나**

**참여 인증 이벤트**

12월 10일 10:00

24

pool

# ATech. Contest



## 2021 보조기구 공모전

2021년 10월 15일 ~ 11월 15일

**· 공모 주제**

① 보조기, 보조도구, 보조장치  
 ② 보조, 재활, 장애인 편의시설  
 ③ 장애인 편의시설  
 ④ 기타 (주제 불특정)

**· 지원 대상**

① 개인  
 ② 단체

**· 지원 금액**

최대 100만원  
 (단, 1인 1회 한도)  
 (지원금 지급률 5%)

**· 공모 분야**

① 장애인 편의시설  
 ② 장애인 생활 편의도구  
 ③ 장애인 재활·의료·보조기기  
 ④ 기타 (주제 불특정)

**· 지원 대상**


① 개인  
 ② 단체

**· 지원 금액**

최대 100만원  
 (단, 1인 1회 한도)  
 (지원금 지급률 5%)

[https://www.instagram.com/ kotsc/](https://www.instagram.com/kotsc/)

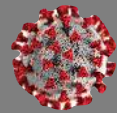
## Ideas of OT students' Exchange Activities (International)

OT Students	Information	Experience	Outcomes
<b>Individual</b>  <b>Organization</b>	Occupational Diversity ➤ Culture ➤ Habit ➤ Environment ➤ Lifestyle, etc.	➤ Exchange programs ➤ Fieldtrip ➤ Students' conferences	➤ History ➤ Leadership ➤ Understanding diversity ➤ ? Collaborative research ➤ ? Policy proposals
	Communication Counter	Support	

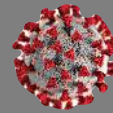


# OT Under COVID-19 Situation

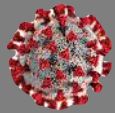




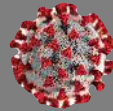
Infected Individuals



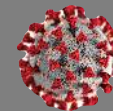
Uncertainty



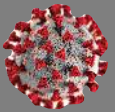
Quarantine



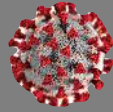
Anxiety



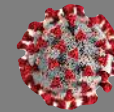
Lack of Guidelines



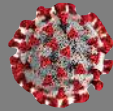
Closure



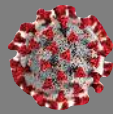
Constraints



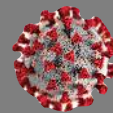
Over-reaction



Dissatisfaction



Suspension



Forced transfer to  
Infection control team



**Life functioning**

People who need  
life care  
help to participate  
**OCCUPATION**



**Occupational  
Therapy**



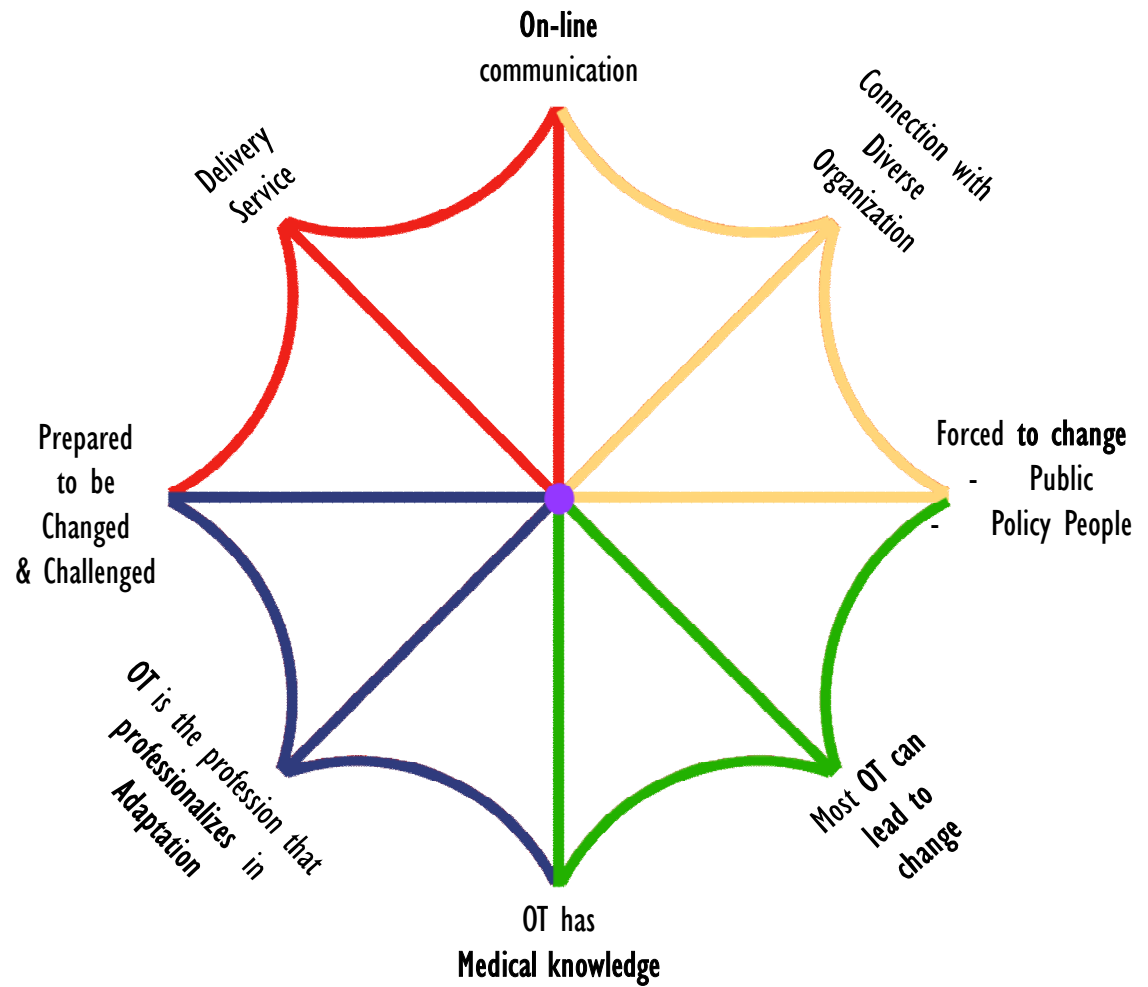
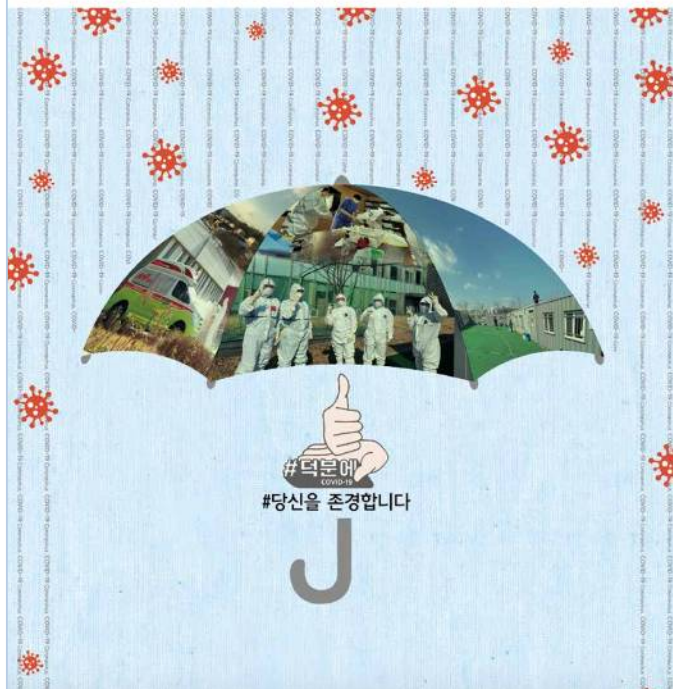
국민건강과 함께 하는

# 작업치료

제71호  
2020.6.

Korean Association of Occupational Therapists

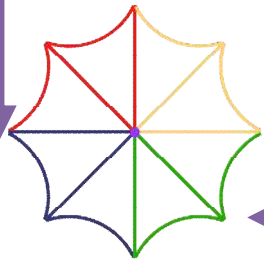
## KAOT Newsletter





## Actions for OT

### Individuals' Participation



#### Encouraging OT



#### Upgrading Online Systems

- KAOT web / mobile homepage
- Mobile web-magazine for brief news
- Close & Open Social network

#### Developing Online Contents

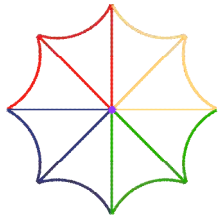
- Developing Online CE contents
- Sharing individuals' gifts for public
- Encouraging OT students' participation
- Managing Confidentiality

#### Developing infection management guide for OT

- Upgrading previous researches for dysphagia
- Accessibility : Mobile web-magazine, Youtube, Newsletters

## Organizational Support





## Academic Activities & Education

### OT & OT students Education



- Developing virtual practice program
- Collaborating with client groups

### Virtual Conference - KSOT



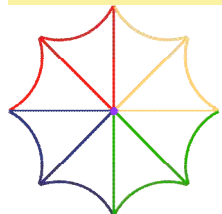
- Challenges and innovations in contactless OT
- Various participation from overseas

### Continuing Education



- Online Education

supplementary → main



## Collaborating with diverse groups

### Sharing Health Information

- Online education (OT's Tip)
- Video (Youtube, etc.)

## Solidarity

## Respect

### Visiting Community

- Collaborating
- Consulting



### Tele Supporting Digital Occupational Therapy

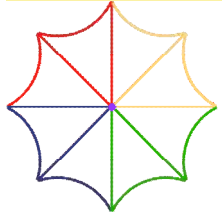
- Community-based
- School-based

### Mutual Advocacy

- Activities for people suffering from COVID19, side effect of vaccine
- Surveying people with disabilities
- Spring & Summer Camp

## Positivity

## Diversity



## OT in Korea, OT in Pandemic Challenge — Chance to start, change, develop

- **First semicentennial**
  - war, for the wounded
  - starting occupational therapy
  - medical-care based
- **New semicentennial**
  - mental disorder, diversity (minority)
  - upgrading occupational therapy
  - expanded health-care

Thank you for  
your attention  
and  
warm support !



(사)대한작업치료사협회  
Korean Association of Occupational Therapists



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President of KAOT Seoul Metropolitan branch

CO-CEO of SISO center

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**I**ntroduction KAOT

**O**T under **COVID**-19 situations



1969

## The 1st Occupational Therapy License



Semicentennial and New Semicentennial

2019



1953	1965	1969	1979	1993	1998	2000	2012
------	------	------	------	------	------	------	------

\* 1st OT Education

\* OT described in Act of Medical Service Technologists, ETC.

\* 1st OT license

\* 1st OT school.

\* KAOT

\* +3 OT schools.

\* WFOT full membership



2013	2014	2015	2016	2019	2020
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\* KAOT Seoul office

\* License Renewal System (by MHW)

\* Revised Article: **Scope of OT** (Physical + Mental Health)

\* Standard terminology for Medical-based OT

\* WFOT EM Team meeting

\* 50th Anniversary of KOT



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\* Revised Mental Health and Welfare Act  
(Included OT as MH Specialist)



**KAOT Central**

**Local Branch**



Busan-Unsan-Gyeongnam



Daejeon-Sejong-Chungcheong



Daegu-Gyeongbuk



Gangwon



Gwangju-Jeonnam



Incheon-Gyeonggi



Jeju



Jeonbuk



Seoul



**Board of Directors**



**KSOT**

The Korean Society of Occupational Therapists



**The Korean Accreditation Board of  
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**Korea Occupational Therapy  
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**17 Academic Organizations**

# OT Under COVID-19 Situation



Pros, Cons and Next steps

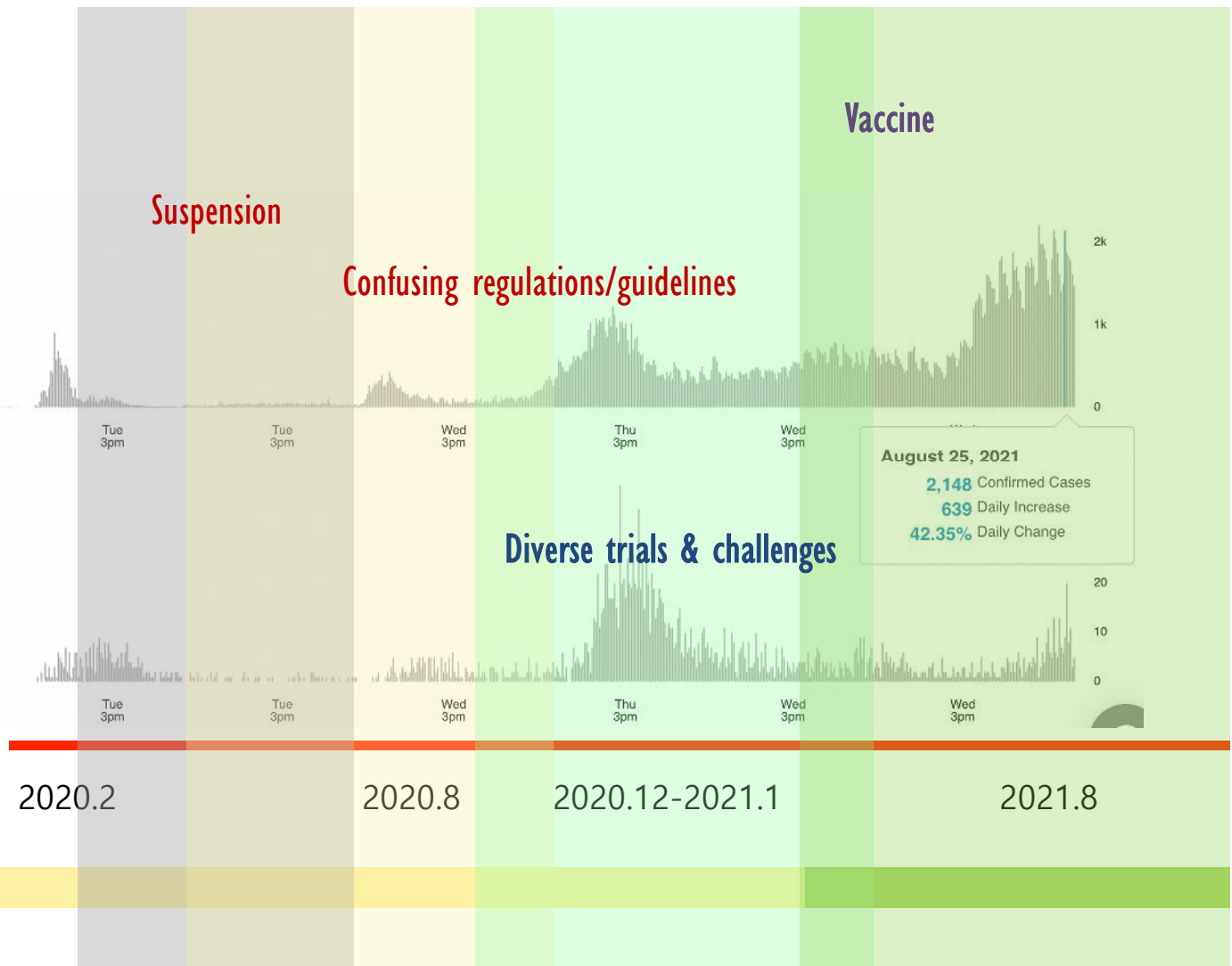


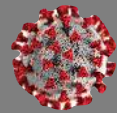
## COVID-19 in Korea

**250,051**  
confirmed cases  
(1.9%)

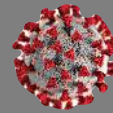
**2,284**  
deaths

Source: World Health Organization

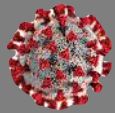




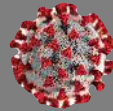
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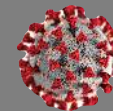
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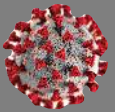
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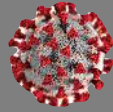
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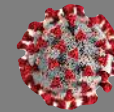
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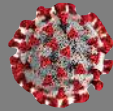
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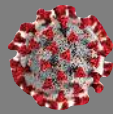
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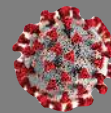
Over-reaction



Dissatisfaction



Suspension

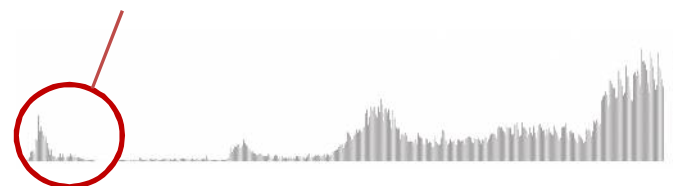


Forced transfer to  
Infection control team

## Therapists working for infection control



Daegu, The hottest place of South Korea





**Life functioning**

People who need  
life care  
help to participate  
**OCCUPATION**



**Occupational  
Therapy**



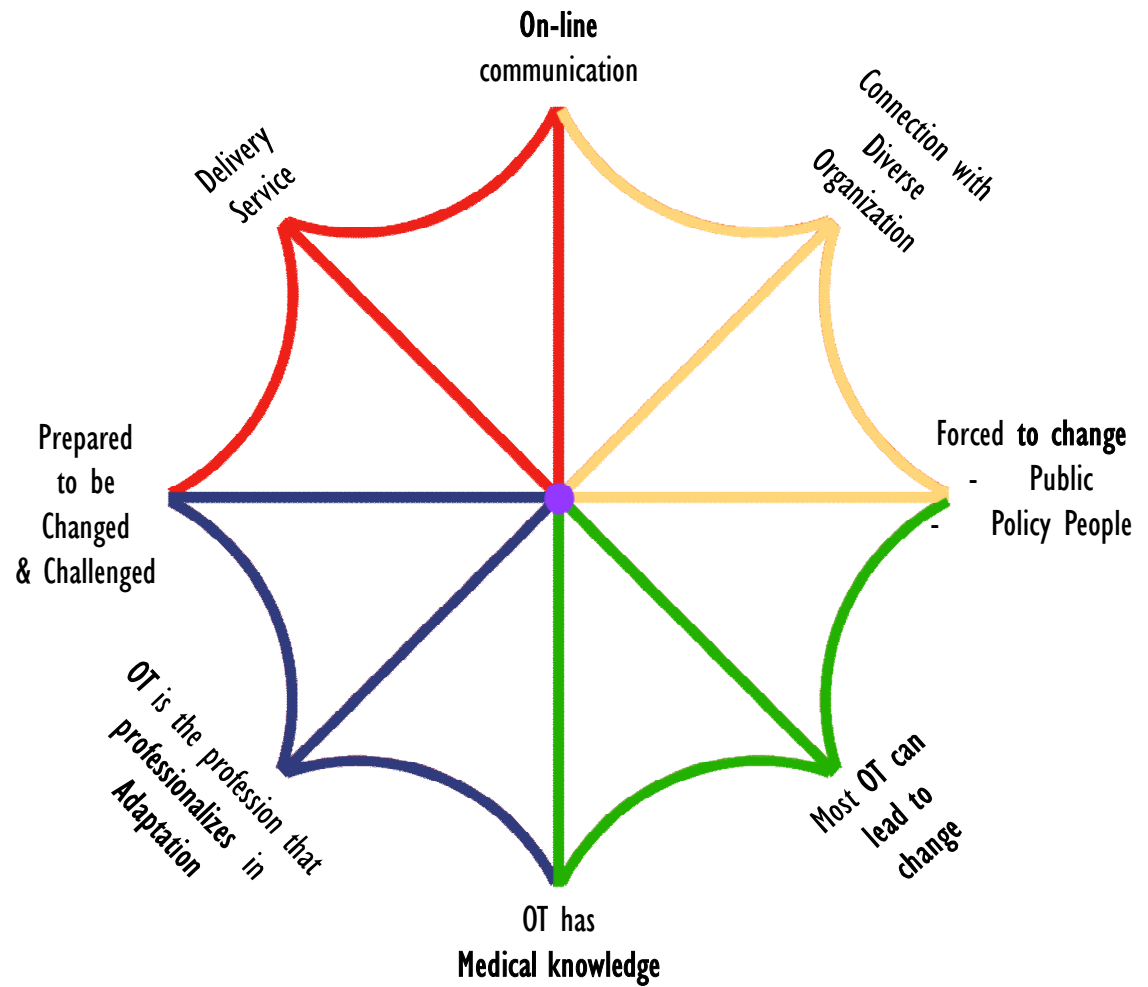
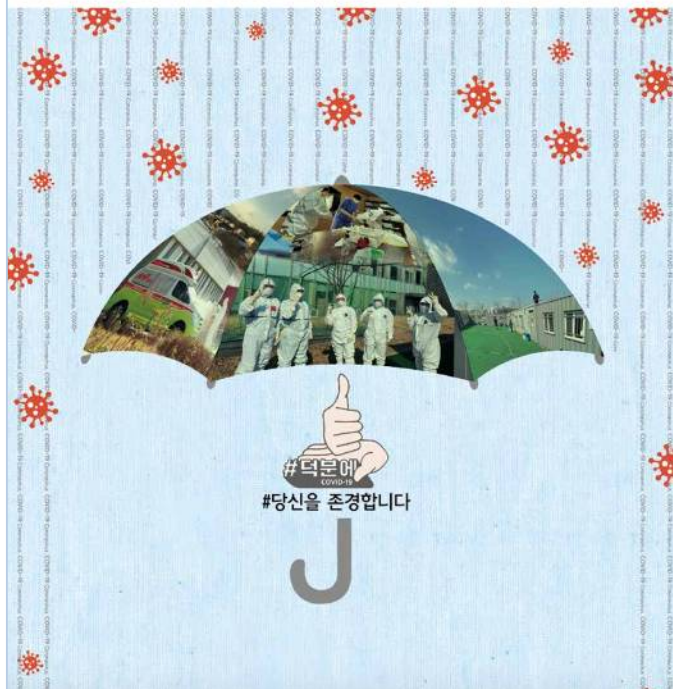
국민건강과 함께 하는

# 작업치료

제71호  
2020.6.

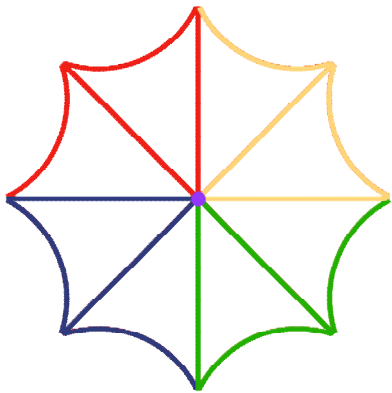
Korean Association of Occupational Therapists

## KAOT Newsletter





**Actions for OT**

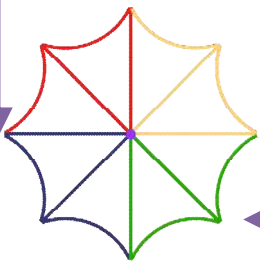


**Academic Activities & Education**

**Collaborating with Diverse groups**

## Actions for OT

### Individuals' Participation



#### Encouraging OT



#### Upgrading Online Systems

- KAOT web / mobile homepage
- Mobile web-magazine for brief news
- Close & Open Social network

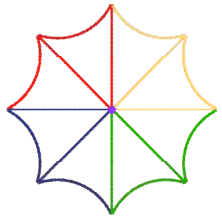
#### Developing Online Contents

- Developing Online CE contents
- Sharing individuals' gifts for public
- Encouraging OT students' participation
- Managing Confidentiality

#### Developing infection management guide for OT

- Upgrading previous researches for dysphagia
- Accessibility : Mobile web-magazine, Youtube, Newsletters

## Organizational Support



## Academic Activities & Education

### OT & OT students Education



- Developing virtual practice program
- Collaborating with client groups

### Virtual Conference - KSOT



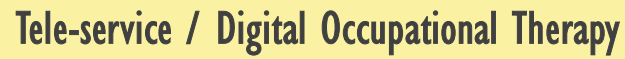
- Challenges and innovations in contactless OT
- Various participation from overseas

### Continuing Education



- Online Education

supplementary → main



**2021 온라인 세미나 ‘디지털 작업치료, 새로운 시대와 함께하다’**


◆ 국내 디지털 정신건강작업치료 : 3) 치매안심센터



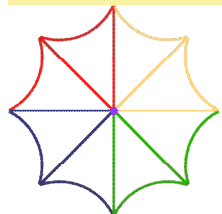
 **한국정신보건작업치료학회**  
Korean Society of Occupational Therapy for Mental Health

2021 온라인 세미나 ‘디지털 작업치료, 새로운 시대와 함께하다’



 한국정신보건작업치료학회

- Diverse digital OT for people with mental disorders, dementia
- Risk can be the chance to change



## Collaborating with diverse groups; Online



Online education (OT's Tip)  
With advocacy group



For youth in shelter



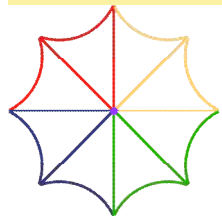
With PT association

### SEOUL POSITIVE BEHAVIOR SUPPORT



### Seoul Education Office: Official education video for the School Teachers

- Psychiatrist
- Occupational therapists
- Speech Language therapists
- ABA therapists
- Special Education teachers



## Collaborating with diverse groups; Direct

### Home visiting

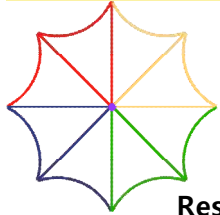


+ Local governments

+ Advocacy groups of people with disabilities

### Camp



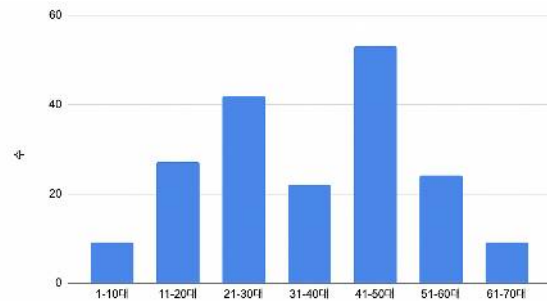


## Collaborating with diverse groups

Surveying people with disabilities & their caregivers (April, 2020)

**Responders: 188**

(Male 66%, Female 32%, Others 2%)



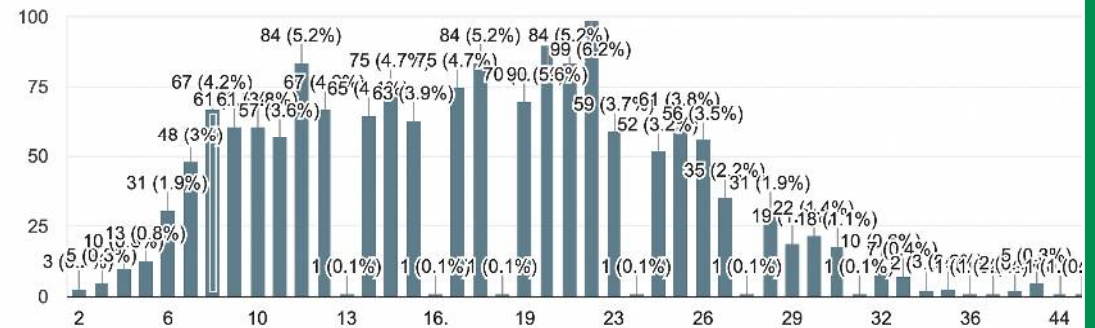
- Brain Injury 41.7%
- Physical disability 38.6%
- Visual impairment 6.3%
- Hearing impairment 3.9%
- Mental disorder 4.7%
- Etc. 2.4%



Leisure, Moving outside, Exercise,  
Education, Work  
**SOCIAL PARTICIPATION**

**Responders=1,604**

(Male 69%, Female 31%) – responding by parents



### • Developmental disabilities

- Intellectual disorders 50%
- ASD 40%
- Combined 10%



Challenging behavior  
Stress & Burden

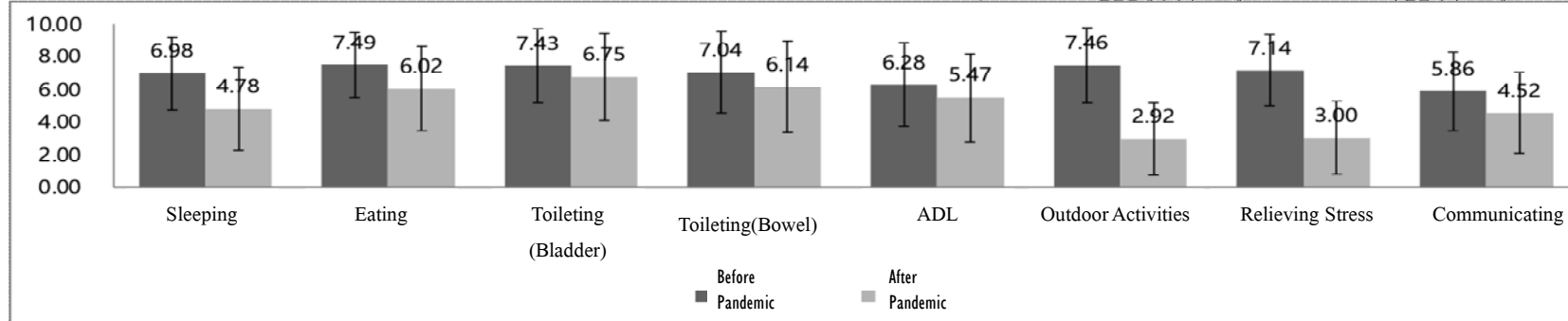
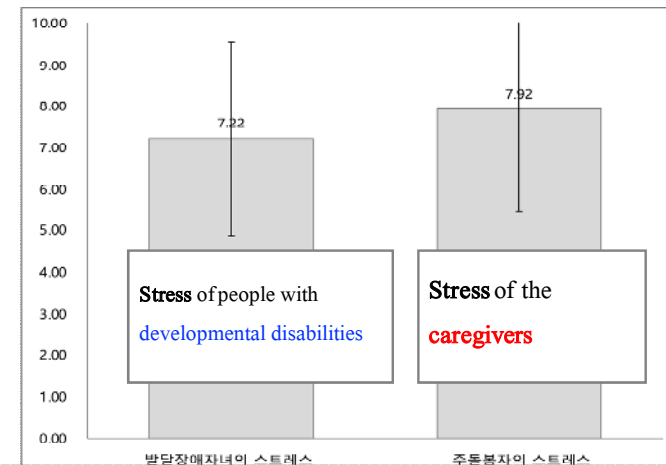


# Occupational Deterioration by the distancing

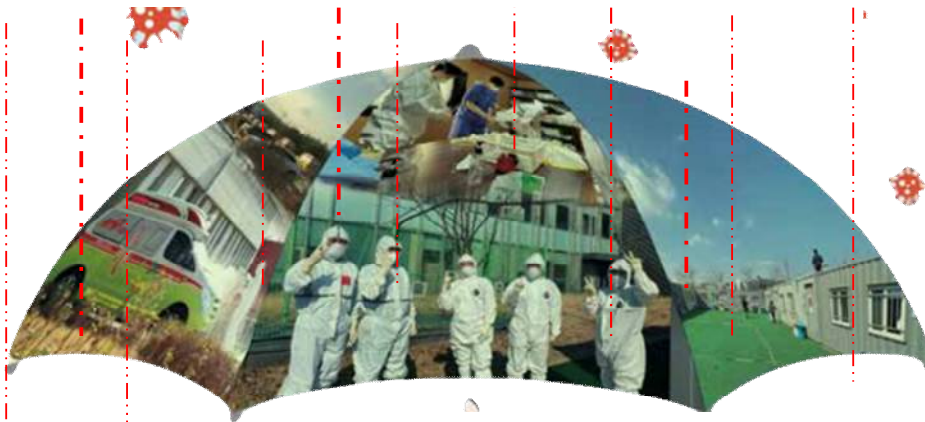
Surveying people with disabilities & their caregivers (April, 2020)

Suspension of school & welfare facilities, staying in home with parents (mainly mother) only

**News:** Caregivers' suicide after homicide,  
Accident by falling (from window) during quarantine







### Life functioning

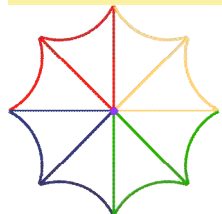
People who need

- life care
- help to participate

**OCCUPATION**



We Should do **SOMETHING!**  
In safe situations



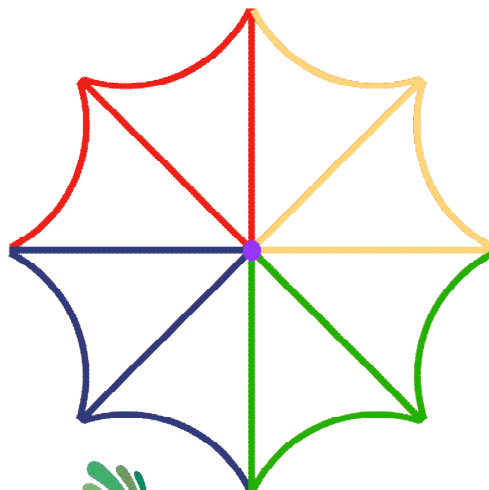
## Stay Strong + Together

Parents Network for the people with disabilities



- Recruiting families of youth with disabilities

Refresh  
Relief  
New relationships  
New occupations



KAOT branches

- OT & OT students volunteers
- Challenge  
Contribution  
Learning

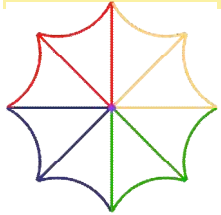
3 days camp

National Youth Centers



- Space (available for 1,100)
- Accommodations for youths and volunteers
- Youth leaders for siblings

Challenge  
Contribution



## SST Camp

2021.4 ~ 8

Discontinue

The Youth Center was designated as a residential treatment facility for COVID-19 asymptomatic cases.

Total N=262

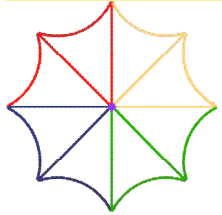
Children & Youth with disabilities (60)				
Dx.	ASD	ID	CP	
	58%	38%	3%	
Age	Under 10	11-15	16-20	21-24
	20	23	12	5
Gender	Male		Female	
	44		16	

Families (117)	
Parents	Siblings
82	35

OT members (85)	
OT	OT students
35	50

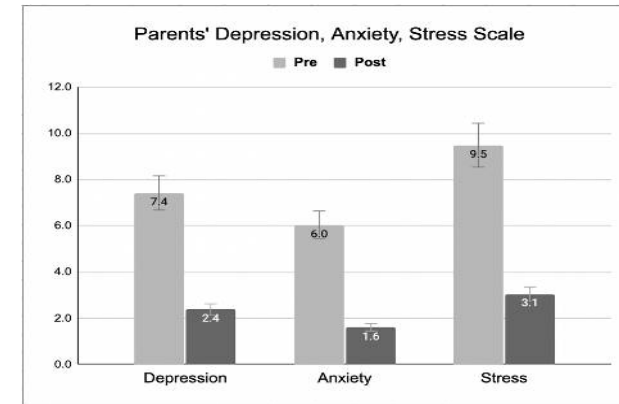
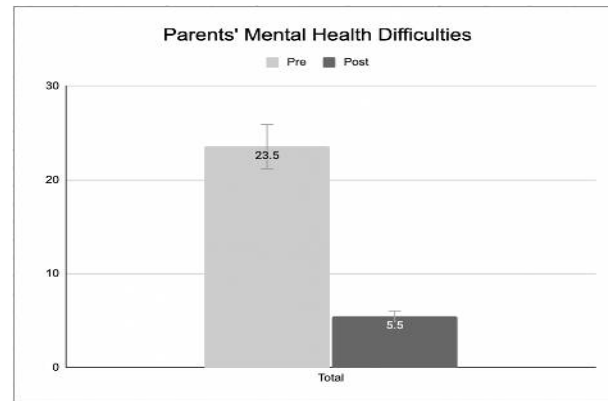
1	2	3	4	5	6
April	April	May	May	July	August

Partner for youth → supervisor of OTs

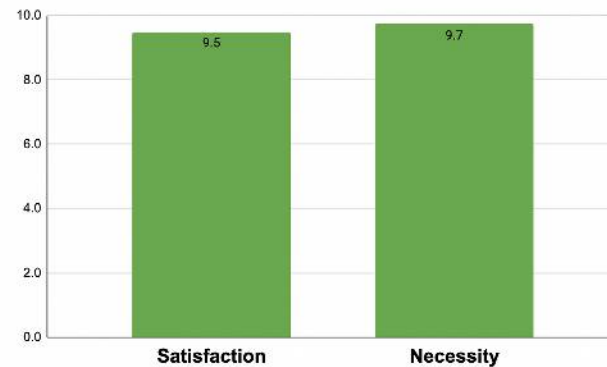


## SST Camp – Changes & Results

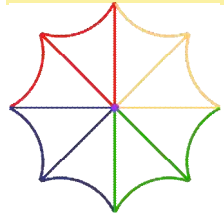
▶ Parents



▶ OT / OTs



- Intention to Re-participate: 100%
- Opportunity for **professional improvement**
- Chance for **practice**



## SST Camp



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**Mutual  
Advocacy**

**Mutual  
Growth**

**Evidence by Attempts**

**Solidarity**

**Diversity**

**Respect**

**Positivity**

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# Thank you...!!!

Thank you for Attending.  
Tell us if you have any questions

