発達障害分野における作業療法
Occupational Therapy for children with Developmental disorders

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　日本の教育は人々の多様性を尊重し、障がいのある者もない者も共に学ぶ中で、すべての子どもが可能な限り発達できることで、自由な社会に効果的に参加することを可能とするインクルーシブ教育システム構築のための特別支援教育の発展が求められています。一方学校現場では、ここ10年間で特別支援教育の対象児童が2倍以上増えている状況もあり、その実現には教員を中心とした専門家の連携と、さらに家庭も加えたチームづくりが注目されています。作業療法士も学校でのサービス提供の機会が増えてきているがまだ十分とは言えない。

　しかし、作業療法の視点が学校に必要な専門家として、今注目されています。私達作業療法士は「作業に焦点を当てる」という多職種にはない視点を持ち、さらに「作業遂行を実現する」という専門的技術を持っています。これは、従来専門家が行ってきた「子どもの問題行動への対応」に対し、先生の「届けたい教育（先生の作業）」の実現に向け、教員や保護者が力を持てるようコンサルテーションを行うという新たな専門家の役割を示したからです。今回、『届けたい教育をみんなに』をコンセプトに行っている学校作業療法を紹介させていただきます。

　　　　Education in Japan has been required to develop special needs education to establish inclusive education system which respects diversity and allows all children with or without disability possible to participate effectively in a free society by developing and learning together. On the other hand, at a school site, the number of children who need special needs education have increased more than double over the last decade. Strengthening cooperation with experts which are mainly teachers and building a team including families have received attention to achieve development of special need education. The opportunities of providing Occupational Therapist service at schools have increased recently though those have not been sufficient.

　　　　However, occupational therapy viewpoint attracts attention and Occupational Therapist is now necessary as an expert in schools. We, occupational therapists, have a view of "focusing on occupations" which other professions do not have and furthermore Occupational Therapist have a professional skill of "making executions of occupation happen." This shows a new role of experts (Occupational Therapist) that empowers and consults teachers and parents so that teachers pursue "education that we want to provide (teachers' work)" as opposed to "dealing with problematic behavior of children" which have been provided by experts until now. I would like to introduce a case of occupational therapy

at school that has been conducted under a concept of "education we want to provide to all children."